

PATHOLOGIES OF THE NERVOUS SYSTEM AND MENTAL DISORDERS

STAGES OF MENTAL DISORDERS

1. **Beginning of colonization of pathogens in the brain (low immune activity...)**
2. Every organ has one or various phenolic substances which cause an allergic reaction in its tissues. In the case of the brain, this substance happens to be caffeic acid, found in oranges, grapefruit, strawberries, broccolis, limes, coffee.
3. When pathogens are present in an organ (in this case, the brain) and allergen nutrients (containing phenolic acid) are ingested, PGE is synthesized in the tissue (the brain, in this case), provoking an allergic reaction in the brain.

For PGE₂ to be produced in an organ, this organ must necessary have south polarity (brought by nickel and radioactivity). In the case of the brain, it is not necessary, because its polarity is SOUTH.

STAGES OF MENTAL DISORDERS

4. PGE2 are produced (allergic reaction) when dextrorotatory molecules are present (**d** form) if the food is not very fresh (after 2 or 3 days) since it contains a lot of amines in d form, as well as phenols in d form which provoke inflammation in the organ (the brain), because they are allergens for the body.

IMPORTANT: ZAPPICATE THE FOOD DURING 10 MINUTES

Besides, there is an excess of inflammation and tissue break (excess of PGE2) when the organ contains pathogens, in particular a bacterium called "Bacillus Cereus", which transforms the amino-acids chain L form into d form (useless and proinflammatory).

STAGES OF MENTAL DISORDERS

5. An excess in PGE2 frees collagenase (which digests collagen) from cells. Therefore the tissues get loose and separate from one another. This process gives path to a faster proliferation of PATHOGENS.
6. The better is the hepatic detoxification, the lesser is the reaction caused by phenolic substances. This is why the use of liver cleanses is so important in the Clark therapy.

SCHIZOPHRENIA

- ◆ In all cases of schizophrenia, a very high concentration of toxins is present in the brain.
- ◆ The most active of these toxins are Mycotoxins (which proceed from fungi).
- ◆ The presence of dental metals in this pathology is not determinant: schizophrenia was already referred to in ancient times before dentists ever existed; another example is that children who don't have any tooth fillings can have it, and so do animals.

SCHIZOPHRENIA

- ◆ Fungi produce very toxic substances called mycotoxins. We can destroy these fungi with the zapper and herbs, but mycotoxins must be detoxified by the liver, and the liver is not able to cope with that on its own.
- ◆ Mycotoxins destroy the liver, therefore toxicity increases in the brain.
- ◆ Besides, as conventional medicine is also hepatotoxic, symptomatology gets gradually worse with time.
- ◆ Apart from toxins, there are various other pathogens in the brain of schizophrenic patients.

SCHIZOPHRENIA

PATHOGENS FOUND IN THE BRAIN OF SCHIZOPHRENIC PATIENTS

- ◆ **Strongyloides:** carries fungi (easy infection, because it can be transcutaneous)
- ◆ **Ascaris:** carries bacteria and fungi that produce neurotoxins, and produces toxins too.
- ◆ **Ancylostoma:** carries bacteria and fungi, produces neurotoxins (easy infection, because it can be transcutaneous)
- ◆ **Shigella** (bacterium): produces toxins present in nerves and brain
- ◆ **Mycobacterium Phlei:** also produces neurotoxins.

SCHIZOPHRENIA

TOXINS PRESENT IN CASES OF SCHIZOPHRENIA

- ◆ **Ergot mycotoxin**
- ◆ **Cytochalasin B** (Mycotoxin)
- ◆ **Aflatoxin B** (Mycotoxin)
- ◆ **Sterigmatocystin** (Mycotoxin)

All these toxins are produced by bacteria (Shigella, Mycobacterium Phlei,...) and by specific fungi.

According to the presence and activity of these mycotoxins, the symptoms range from the state of paranoia to that of hearing voices, and include a variety of compulsive behaviors.

Although intoxication with heavy metals is not strictly determinant in this context, it appears that the presence of, for instance, lead, copper and cadmium in the brain make the pathology even worse, probably due to the support they provide to parasites, bacteria and fungi.

SCHIZOPHRENIA

HEAVY METALS

- ◆ Food for parasites, bacteria, and virus trigger
- ◆ **Aluminium:** it appears in our diet in 1880 with industrial yeasts. It is also added to water as a disinfectant.
- ◆ Serious proliferation of Alzheimer disease, Herpes and Epstein Barr (Chronic fatigue syndrome).
- ◆ **Titanium:** it feeds Norcadia (Parkinson)
- ◆ **Chromium, gold and vanadium:** they feed mycobacterium Phlei (schizophrenia and multiple sclerosis)
- ◆ Gold is harder to detoxify than other metals. It feeds prions and attracts Macracanthorhynchus.
- ◆ They are practically present everywhere: lollipops (40 heavy metals), water (20 heavy metals), fillings (up to 70 heavy metals).
- ◆ They intoxicate WBC and prevent their formation.
- ◆ To eliminate them: Vitamin B6 , Vit. E , Thiocetic acid, Vit C, MSM, Selenium, Cysteine, Methionine, Calcium).

SCHIZOPHRENIA

- ◆ Heavy metals and minerals are the same thing but with different chemical formulas.
- ◆ A mineral can be used by an enzyme or a living being. A heavy metal can't.
- ◆ In water, minerals are present in inorganic form, therefore they cannot be used by humans (neither by no other animal).
- ◆ Only plants can assimilate inorganic minerals.

TO MAKE OUR IMMUNE SYSTEM STRONGER:

- ◆ We can eliminate many bacteria and viruses form our bodies by eliminating the heavy metals that they need to survive.

SCHIZOPHRENIA

Heavy metals needed by pathogens

Pathogen

Adenovirus 16

Adenovirus 36

Respiratory Adenovirus

Aspergylus (fungus)

Avian flu

Bacillus cereus

Borrelia (Lyme disease)

Clostridium (different types)

Cytomegalovirus(CMV)

Dirofilaria

E.Coli

Epstein Barr(EBV)

Herpes 1y 2

Mycrobacterium aureum

Mycrobacterium Phlei (Schizophrenia and Multiple sclerosis)

Needs

Copper

Copper, Chromium

Copper, Chromium, Cobalt

Cobalt, Chromium, Nickel

Gold, Vanadium

Copper, Cobalt, Aluminium

Copper, Radon

Nickel, Cobalt

Strontium

Chromium

Vanadium, Molybdenum, Magnesium, Chromium, Nickel, Copper

Aluminium, Gold, Chromium, Vanadium

Lead

Strontium, Vanadium

Chromium, Gold, Vanadium

SCHIZOPHRENIA

◆ Pathogen

Mycobacterium tuberculosis



Mycoplasma



Mycoplasma arthritidis



Norcadia (Parkinson)



Penicillium (fungus)



Plasmodium Falciparum (Malaria)



Pneumocystis carinii



Potato ring rot



Prions



Pseudomonas aureginosa



Salmonella (various types)



Shygella (various types)



HIV



◆ Heavy metal

Strontium

Strontium

Vanadium

Titanium, Tantalum

Copper

Copper, Ruthenium, Selenium

Strontium

Gold

Gold, Ruthenium

Strontium, Gold

Gold, Ruthenium, Molybdenum, Rubidium,

Strontium, Gold, Nickel

Gold, Strontium

SCHIZOPHRENIA

💧 Pathogens

Staphylococcus Aureus



💧 Heavy Metals

Strontium, Gold, Nickel

Streptococcus G



Chromium, Vanadium, Nickel

Streptococcus Pneumoniae(pain)



Chromium, Strontium, Copper, Gold, Nickel

Streptococcus Pyogenes



Cobalt

SV 40(oncovirus)



Chromium, Strontium, Gold

Yeasts



Chromium, Nickel, Cobalt, Gold

SCHIZOPHRENIA

MAIN MYCOTOXINS FOUND IN SCHIZOPHRENIC PATIENTS

Ergot Alkaloids(Claviceps purpurea)

- ◆ This tiny fungus parasites hundreds of cereals such as rye, wheat, barley and oats. The active principle of ergot alkaloids is lysergic acid, the component of LSD (one of the most powerful psychedelic drugs).

Sterigmatocystin : It can also activate the formation of tumors in different organs.

- ◆ It is usually present in peanuts and dairy products.

Aflatoxin B :

- ◆ Its carcinogenic action in the liver is also recognized. It provokes eye damages.
- ◆ It is present in corn and rice.

Cytocolasin B: it can be found in any type of nutrient.

SCHIZOPHRENIA

TO ELIMINATE PATHOGENS FROM THE BODY:

- ◆ Dr Clark's bowel cleanse program (with 6 capsules of curcuma and fennel at every meal, plus Oregano oil and wormwood)
- ◆ It is useful to add 2-3 spoonfuls of MCT (middle chain triglyceride which is a source of caprylic acid, and which goes through the hematoencephalic barrier)
- ◆ Ascaris deparasitation, repeated every 2 or 3 months
- ◆ Daily regular Zapper at least during 60 minutes.
- ◆ Plate-zapping : zap Brain at least 20 minutes a day.

SCHIZOPHRENIA

AVOID CONSUMPTION OF PATHOGENS

1. Ozonate your food in a closed plastic bag leaving a little pressure to ozone (of course the food containers or bags must be open)
2. Zappicate the food during 10 minutes to destroy parasites, bacteria and fungi
3. Wash fruit and vegetables with 1 to 3 drops of HCL per liter of water
4. Drink distilled water.

SCHIZOPHRENIA

OZONATOR

Basic functions:

1. ***It disinfects foods and drinks***, since ozone can kill bacteria and viruses, parasite eggs and taenia larvae present in our food, in only 10 minutes.

Azo dyes, phenolic substances, and oestrogens, present in our food, can also be destroyed in 15 minutes.

Put the food into a plastic bag, introduce the ozonator hose and close the bag. Ozonate during 10 minutes, then wait another 10 minutes before opening the bag, to allow ozone to act.

SCHIZOPHRENIA

2. **To disinfect pathogens (bacteria, viruses and parasite eggs)** in all our surroundings: office, home,... Simply by ozonizing every room, keeping the windows closed, during 10 minutes (important: nobody should be inside, neither person nor pet)

The advantage of ozone, if compared to other disinfectants (apart from how quickly it works) is that when converting into oxygen, it leaves absolutely no toxic residue.

SCHIZOPHRENIA

SUPPLEMENTS FOR THE DETOXIFICATION OF MYCOTOXINS

- ◆ **Vitamin C:** at least 1 gr. at every meal, to help detoxify mycotoxins present in nutrients
- ◆ **Thioctic acid:** fundamental for toxins detoxification and liver regeneration (minimum 1 capsule a day)
- ◆ **Niacinamid:** fundamental to detoxify these toxins (minimum 1 capsule a day)
- ◆ **Glutathione:** an essential help for detoxification (1 capsule a day)
- ◆ Make various Clark liver cleanse protocols

(Dosages given are based on Clark products)

SCHIZOPHRENIA

ALSO FUNDAMENTAL IN SCHIZOPHRENIA

1. Do not use microwave or grill, because many minerals oxidize, and therefore turn into heavy metals which feed pathogens and damage the immune system.
2. Drink distilled water coming from distiller, to avoid heavy metals and other immunosuppressors.

MULTIPLE AND LATERAL SCLEROSIS

SUPPLEMENTS:

1° Bowel cleanse program (repeat every 2-3 months) with 6 curcuma and 6 fennel capsules + Boswellia 2 capsules at every meal + pepsin: 1 at breakfast, 1 at lunch and 1 at dinner +

Wormwood: 3 at breakfast, 3 at lunch and 3 at dinner

2° Ascaris deparasitation (repeat every 2,3 months)

3° Kidney cleanse during 3 weeks + weekly booster

- Black Walnut hull Tincture (Clark) 3 spoonfuls
- Lugol Iodine (Clark) 6 drops 4 times a day
- Oregano oil (Clark) 5 drops in an empty gelatin capsule with a meal

MULTIPLE AND LATERAL SCLEROSIS

- 4°
- ◆ Liver cleanse: make 6-8 cleanses once the kidney cleanse is done + weekly booster +
 - ◆ Curcuma (Clark): 3 at breakfast, 3 at lunch and 3 at dinner +
 - ◆ HCL (Clark): 10 drops, always in an empty capsule with breakfast, lunch and dinner
 - ◆ Betaine (Clark): 1 at breakfast, 1 at lunch and 1 at dinner
 - ◆ Fennel (Clark): 3 at breakfast, 3 at lunch and 3 at dinner +
 - ◆ MSM (Clark): 1 capsule 15 minutes before 2 meals, at least during 2 months
 - ◆ Glutathione (Clark): 1 capsule 15 minutes before 1 meal, at least during 2 months
 - ◆ Vitamin C (Clark): 1 gr. at breakfast, 1 gr. at lunch and 1 gr. at dinner
 - ◆ B Complex (Clark): 1 breakfast
 - ◆ IP 6 (Clark): 20 drops before 1 meal (30 minutes before, with water
 - ◆ Thiocctic acid: 1 at dinner

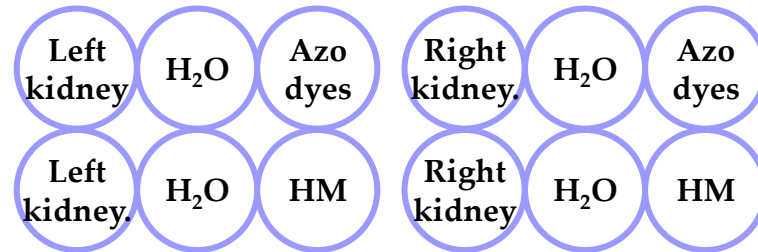
In phase 4 during 1 month, or until the solvents are eliminated:

- Vitamin B2 (Clark): 1 at breakfast and 1 at dinner
- Vitamin B12 (Clark): 1 at dinner
- Folic acid (Clark): 1 at breakfast

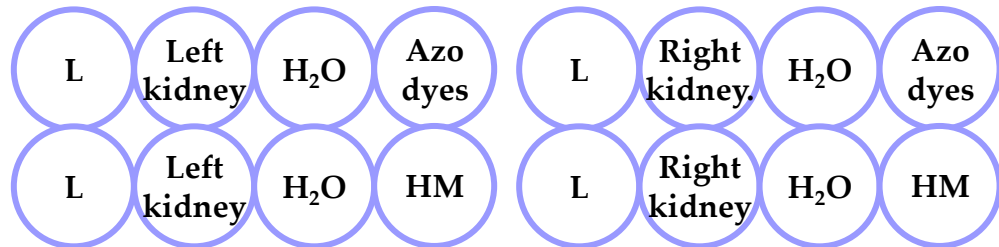
MULTIPLE AND LATERAL SCLEROSIS (Continued)

HOMEOPATHIES (Fundamental)

- ◆ Kidneys +
- ◆ Take out:
 - HM and Azo dyes in kidneys



- HM and Azo dyes in 'L'- kidneys



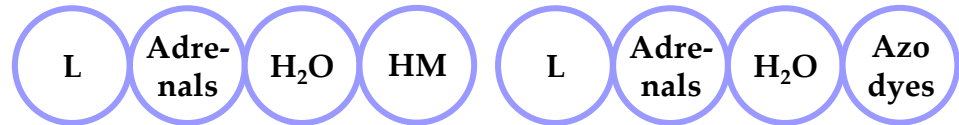
- ◆ Adrenals +
- ◆ Take out:
 - HM and Azo dyes in adrenals



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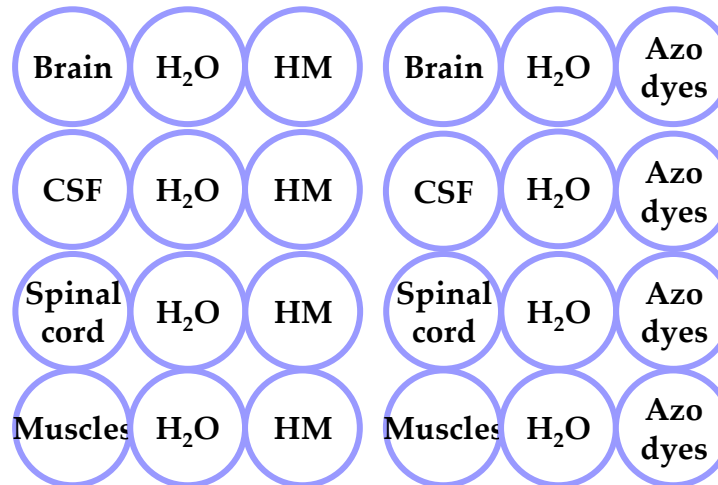
MULTIPLE AND LATERAL SCLEROSIS (Continued)

- ◆ HM and azo dyes in 'L' adrenals



- ◆ Liver
- ◆ Brain +
- ◆ Take out:
 - ◆ HM and Azo dyes in:

- Brain
- CSF
- Spinal cord
- Muscles



Continued...

MULTIPLE AND LATERAL SCLEROSIS (Continued)

- ◆ CSF
- ◆ Spinal cord

- ◆ Muscles
- ◆ Acetylcholine

- ◆ Epinephrine
- ◆ Dopamine

ALSO IMPORTANT:

- ◆ BQ / Brain and spinal cord
- ◆ G / Brain and spinal cord
- ◆ RZ / Brain and spinal cord
- ◆ Glyoxylic acid / Brain and spinal cord

Continued...

MULTIPLE AND LATERAL SCLEROSIS (Continued)

ZAPPER (Fundamental)

- ◆ Zapper during 60 minutes
- ◆ Zapping plates:
 - Adrenals: 20'
 - Vascular set:
 - Blood: 20'
 - WBC: 20'
 - Lymph: 20'
 - "L" Group: 20'
 - "A" Group: 20'
 - CSF: 20'
 - Vascular set-Brain/spinal cord/muscles, separated if you are doing them at the same time, but ideally every organ should be done one by one with the vascular set
 - Organs (Brain/spinal cord/muscles) on right plate
 - Acetylcholine: 20' on left plate
 - Epinephrine: 20' on left plate

MULTIPLE AND LATERAL SCLEROSIS (Continued)

REMARKS:

- ◆ It is essential to drink water coming from distiller
- ◆ Remove all metals from mouth, as well as root canal treatments
- ◆ Zappicate every dental piece
- ◆ Rinse daily (5-10') with sesame or sunflower oil

- ◆ Avoid:
 - Gluten
 - Dairy products
 - Zappicate food
 - Avoid food containing caffeic acid (syrup, broccolis, grapefruit, limes, oranges, strawberries, tea, coffee, dairy products)

PARKINSON

(The bacterium Norcadia is always present)

SUPPLEMENTS:

- 1° Bowel cleanse program with 6 capsules of curcuma and fennel + Boswellia 2 capsules with every meal + Wormwood 3 capsules with every meal
- 2° Ascaris deparasitation: 3,4 weeks

Continued...

PARKINSON

(The bacterium Norcadia is always present)

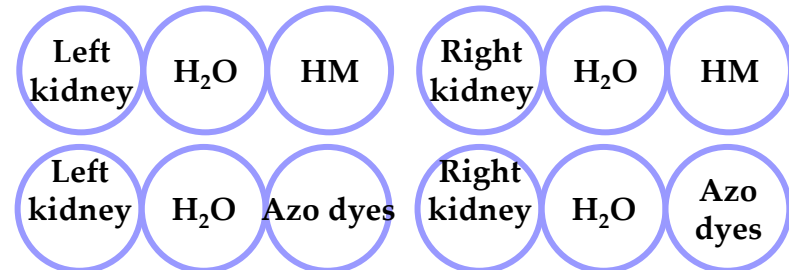
- 3°
- ◆ Kidney cleanse + Weekly booster
 - Black Walnut hull Tincture (Clark) 3 spoonfuls
 - Lugol Iodine (Clark) 6 drops 4 times a day
 - Oregano oil (Clark) 5 drops in empty gelatin capsule with one meal
 - ◆ Liver cleanse: after the kidney cleanse is done, make 6 to 8 liver cleanses +
 - Curcuma (Clark): 3 at breakfast, 3 at lunch, 3 at dinner
 - Fennel (Clark) : 3 at breakfast, 3 at lunch, 3 at dinner
 - B Complex (Clark): 1 at lunch
 - Vitamin B2 (Clark): 1 at breakfast and 1 at dinner during 1 month or until solvents are eliminated
 - Vitamin B12 (Clark): 1 at dinner during 1 month or until solvents are eliminated
 - Vitamin E (Clark): 1 at lunch
 - Thiocetic acid (Clark):
 - First month: 2 at breakfast, 2 at lunch and 2 at dinner
 - After: 1 at breakfast, 1 at lunch and 1 at dinner
 - MSM (Clark): 1 capsule 15 minutes before breakfast, lunch and dinner
 - Glutathione (Clark): 1 capsule 15 minutes before 1 meal
 - IP6 (Clark): 10 drops in water before 2 meals (minimum 20 minutes before)

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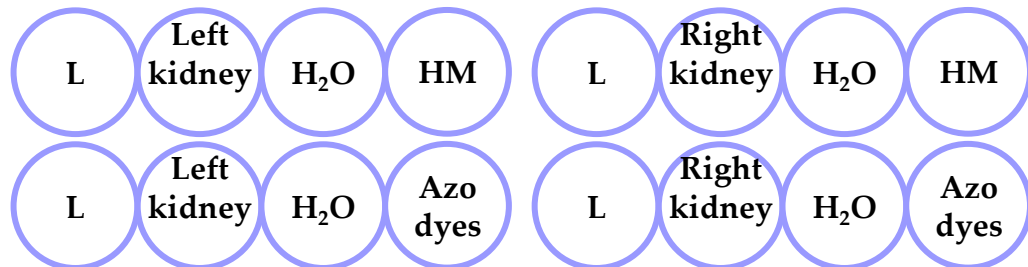
PARKINSON (Continued)

HOMEOPATHIES (Fundamental)

- ◆ Kidneys +
- ◆ Take out: HM and Azo dyes from:
 - Kidneys



- 'L' kidneys



Continued...

- ◆ Liver
- ◆ Adrenals +

PARKINSON (Continued)

- Take out: HM and Azo dyes from:

- Adrenals

- 'L' Adrenals

- Brain +

- Take out: HM and Azo dyes from:

- Brain

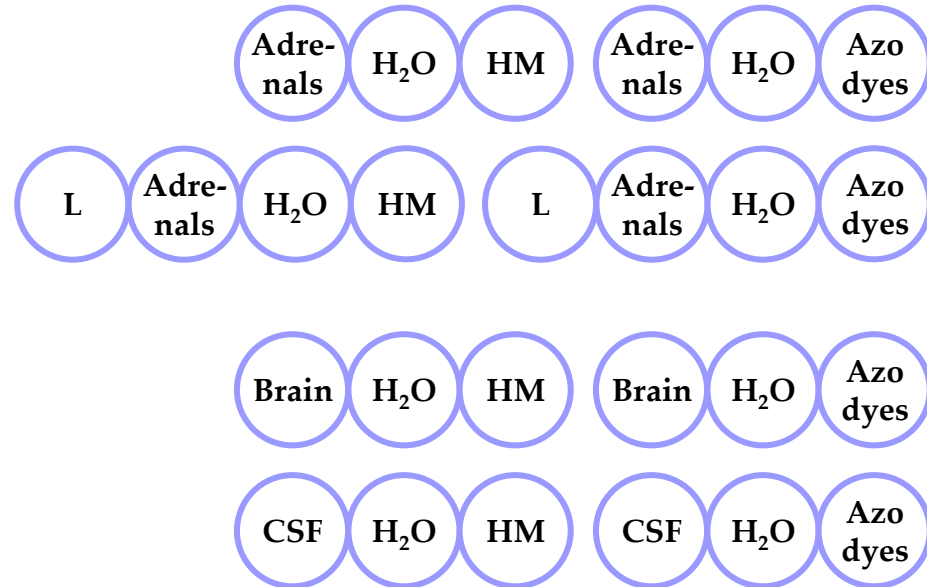
- CSF

- Black substance

- Dopamine

- Acetylcholine

- Epinephrine



Continued...

PARKINSON (Continued)

ZAPPER: (Fundamental)

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
 - Vascular set with CSF:
 - Blood
 - WBC
 - Lymph
 - “L” Group
 - “A” Group
 - CSF
 - Brain and black substance, each one separately (on right plate)
 - Acetylcholine 20' (on left plate)
 - Dopamine 20' (on left plate)
 - Epinephrine 20' (on left plate)

Continued...

PARKINSON (Continued)

REMARKS:

- ◆ Consume distilled water
- ◆ Remove metals from mouth, as well as root canal treatments
- ◆ Zappicate every dental piece
- ◆ Rinse daily (5-10') with sesame or sunflower oil

FIBROMIALGY

The following parasites are usually present: *Ascaris*, *Strongyloides* or *Trichinellas*, as well as the following bacteria: *Streptococcus*, *Clostridium*, *Staphylococcus* or *Campylobacter*

SUPPLEMENTS: *To all the following points, add Magnesium: 1 capsule before going to bed, to help eliminate phenol which causes pain

- 1° Bowel cleanse program (with curcuma and fennel, 6 capsules of each at every meal) and 5 drops of Oregano oil (Clark) in an empty gelatin capsule with 2 meals + herbal tea for the liver
- 2° *Ascaris* deparasitation program (to be repeated every 2-3 months)
- 3° Kidney cleanse + Weekly booster:
 - ◆ Black Walnut hull Tincture (Clark) 3 spoonfuls
 - ◆ Lugol Iodine (Clark) 6 drops 4 times a day
 - ◆ Oregano oil (Clark)

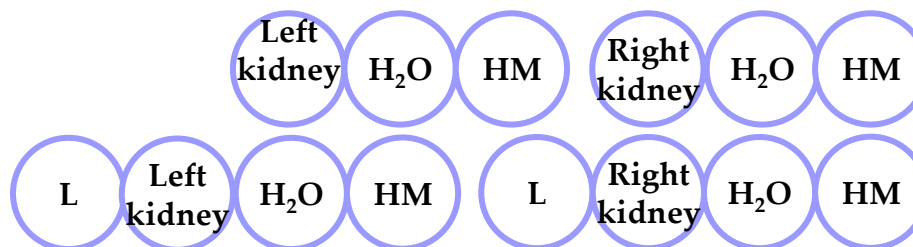
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FIBROMIALGY

- 4° Liver cleanse (after the kidney cleanse is done, make 4-5 liver cleanses) +
- ◆ HCL -10 drops in empty capsules with every meal
 - ◆ MSM (Clark): 1 capsule 15 minutes before 2 meals
 - ◆ Glutathione (Clark): 1 capsule 15 minutes before 1 meal
 - ◆ Vitamin C (Clark): 1 gr. at breakfast, 1 gr. at lunch, 1 gr. at dinner
 - ◆ B Complex (Clark): 1 at breakfast
 - ◆ Vitamin B2 (Clark): 1 at lunch
 - ◆ Thiocctic acid (Clark) : 1 at dinner
 - ◆ Cysteine (Clark) : 1 at lunch and 1 at dinner
 - ◆ Methionine (Clark) : 1 at dinner

HOMEOGRAPHIES (Optional):

- ◆ Kidney +
- ◆ Take out HM from:
 - Kidney
 - 'L' kidney

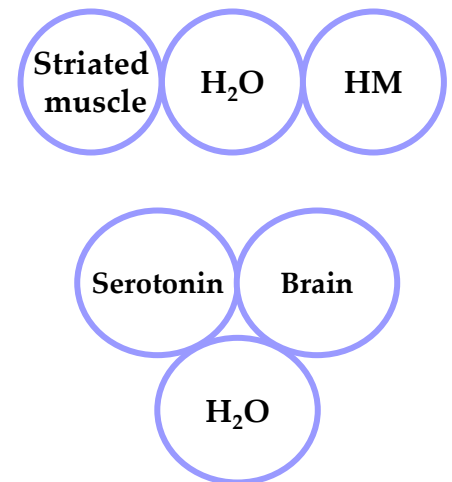


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FIBROMIALGY (Continued)

- ◆ Striated muscle +
- ◆ Take out HM from:
 - Striated muscle

- ◆ Serotonin / Brain



ZAPPER (Important)

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
 - Brain 20'
 - Striated muscle: 20'
 - It is convenient to do Vascular set with Striated muscle: 2-3 times a week
- ◆ Zappicate food

ALZHEIMER

- ◆ It is important to act quickly in order to slow down degeneration.
- ◆ **Pathogens and toxins** are found in an all Alzheimer patients
- ◆ The patients' symptomatology varies according to the focal points of the infection

PATHOGENS: Ascaris larvae, Macracanthorhynchus, Shigellas, Salmonellas (present both in brain and at cerebrovascular level), Naegleria, Clonorchis, Bacillus Cereus and prions (incorrectly folded proteins which block up neurotransmission; they need gold to be activated). Dr Clark's opinion is that they come from hypothalamus free cells, therefore nutrients containing chlorogenic acid should be avoided.

TOXINS: High concentration of solvents, mainly xylene and toluene

There are also high quantities of metals, in particular aluminium and gold.

ALZHEIMER

To eliminate toxins in Alzheimer

Avoid sources of xylene and toluene:

- Unsuitable water (drink water from distiller)
- Detergents and soaps (use tested organic ones)
- Canned drinks

Avoid consumption of aluminium, gold and other metals:

- Aluminium is the most common metal in the earth's crust
- Drink distilled water coming from distiller
- Avoid using pans and all types of kitchen utensils containing aluminium (use ceramic or glass ones), aluminium foil, biscuit and tea bags, use plastic cutlery
- Avoid deodorants with aluminium (including Alum stone)
- Stop eating salt (except if tested for heavy metals)
- Avoid consumption of analgesic and anti inflammatory drugs, as well as antibiotics (high aluminium contents)

ALZHEIMER

To eliminate toxins in Alzheimer

SUPPLEMENTS

- **Vitamin E** : It protects the brain tissue from toxic aluminium (1 pearl twice a day)
- **Calcium** : Unsufficient levels of calcium facilitate absorption of aluminium in our bodies (4 capsules a day in 2 takes)
- **Selenium**: It has a protective effect against aluminium (1 capsule twice a day)
- **Cysteine and Methionine**: these amino acids contain sulphur in their chemical structure. Heavy metals react with sulphur, and this is the only way they can become soluble and therefore be eliminated by liver and kidneys (2 capsules of cysteine and 1 of methionine a day).
- **Magnesium**: A chronic deficit in magnesium is linked to high deposits of aluminium, which provoke a greater neuronal destruction: Aluminium, in its turn, eliminates from neuronal structures the magnesium necessary for neuronal glucoproteins.
- **MSM** (methylsulfonylmethane): it is an organic formula of metals chelating sulphur. It mainly works at extra cellular level (1 capsule 3 times a day).

ALZHEIMER

To eliminate toxins in Alzheimer

SUPPLEMENTS (Continued)

- **Thioctic acid:** It is a saturated fat amino acid which contains in its structure 2 atoms of sulphur. It has a chelating effect like MSM, but it is a liposoluble molecule which has access to nearly all the tissues of the body and also works at intracellular level, as it easily crosses the hematoencephalic barrier.
- Besides some tissues (such as brain, nervous system, retina, internal side of arteries and kidneys) become resistant to insulin, so glucose levels are not reduced and therefore glucose damages proteins. Apart from increasing sensitiveness to insulin, thioctic acid reduces the damage caused by the excess of sugar to proteins (1 capsule 3 times a day).
- **Vitamin B2:** it is essential to eliminate xylene and toluene (1 capsule once a day)
- **Glutathione:** it helps detoxify all types of solvents (1 capsule a day, preferably at night)
- **Vitamin B12:** To eliminate xylene and toluene (1 capsule a day, at night)
- **Vitamin C :** It helps liver detoxification (1 capsule 3 times a day)
- **B Complex :** It also helps liver detoxification (1 capsule a day)
- **Ginkgo biloba:** It facilitates brain circulation (by increasing the activity of the immune system) and it improves Alzheimer's symptoms.

ALZHEIMER

To eliminate pathogens in Alzheimer

- ◆ Bowel cleanse program with Oregano oil and weekly booster (for the patient and for his family and caretakers)

IMPORTANT: Ascaris deparasitation

Reishi : Helps eliminate prions (1 capsule twice a day)

Birch tree infusion: Helps eliminate prions (2 infusions a day)

Pepsin: Helps eliminate prions (2 capsules at every meal)

Regular Zapper: 60'a day

Zapping plates:

- ◆ 20'a day Brain
- ◆ 20' a day Vascular set - Brain

FUNDAMENTAL : ZAPPICATE FOOD
OZONATE FOOD

ALZHEIMER

♦ STEPS TO BE FOLLOWED IN ALZHEIMER

1° Avoid contact with solvents and metals (in utensils, nutrients,...)

Clark kidney cleanse (minimum 3 weeks)

Zappicate and ozonate food

Avoid foods containing chlorogenic and caffeic acid

2° Supplements to eliminate toxins

Bowel cleanse program with Oregano oil, plus birch tree infusion, reishi and pepsin.

Ascaris deparasitation

Zapper and Zapping plates

Zappicate and ozonate food

FROM THE BEGINNING AVOID FOODS CONTAINING CAFFEIC ACID (allergen of the brain) AND CHLOROGENIC ACID (allergen of the hypothalamus) OR OTHERWISE ZAPPICATE THEM.

ALZHEIMER

- ◆ Foods containing CAFFEIC ACID: syrup , broccolis, grapefruit, limes, oranges, strawberries, tea, coffee and dairy products.
 - Potatoes (except if very well cooked), dairy products, peppers, (except if very well cooked), fruit if not ripe, watermelon.
- ◆ Foods containing CHLOROGENIC ACID:
 - Bread and yeast products, cereals (except if very well cooked, avoid industrial cereals)
 - All types of oils (except first cold pressure olive oil), jalapeño berries, mangoes, peppers, quassia herb, dry sage, soy and soy products, wheat and kamut)
 - Foods containing MENADIONE: cereals with gluten

ALZHEIMER

- ◆ Inflammation is the main damage marker in the brain tissue. Inflammatory injuries can be found in brains of elder people in good health, therefore it depends on the proliferation of pathogens and their location.
- ◆ Synthesis of acetylcholine, adrenalin, dopamine, noradrenaline and diminished serotonin.
- ◆ Various enzymatic brain functions are modified (alterations in the metabolism of cerebral glucose,...)
- ◆ Progressive accumulation of metals in brain
- ◆ Gland alterations (thyroid,...) are present in most of the cases.

ALZHEIMER

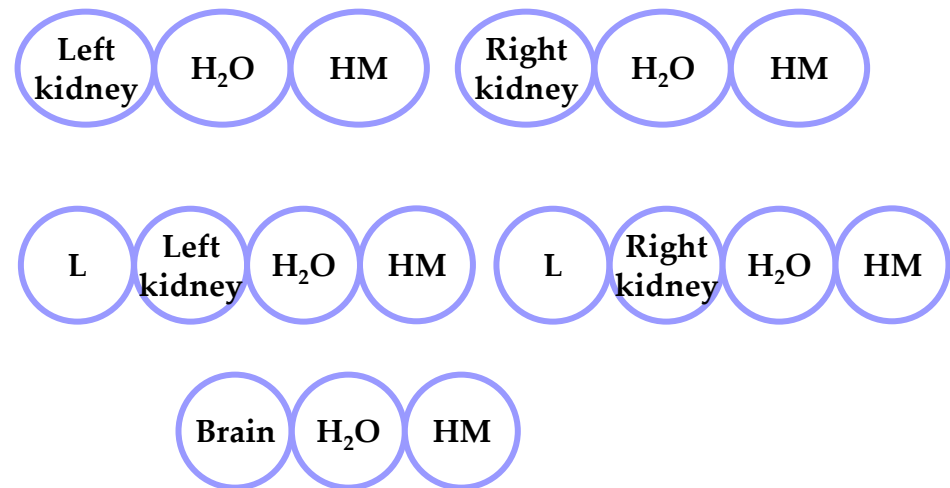
PATHOGENS IN ALZHEIMER

- ◆ **Parasites:** They provoke tissue break, and they carry bacteria
- ◆ **Bacteria :** They segregate d-tyramines which combined to phenols in d-form and d-amino acids (coming from not very fresh food) convert amines of neurons in d-amines (clumsy post synaptic neurons): as there are more **d** forms more inflammatory PGE2 is synthesized, and as there are more breaks there are more parasites.
- ◆ At the same time, as there is a tissue break, these inflamed areas have a - negative charge and our tissue tries to attract Calcium + (positive) to avoid bigger damage, but this makes that the heavy metals with + positive charge go to the brain.

ALZHEIMER (Continued)

HOMEOGRAPHIES (Fundamental)

- ◆ Kidneys +
- ◆ Take out HM from:
 - Kidneys
 - 'L' kidneys
- ◆ Brain +
- ◆ Take out HM from Brain
- ◆ Adrenals
- ◆ Epinephrine
- ◆ Acetylcholine
- ◆ Dopamine



ALZHEIMER (Continued)

ZAPPER (Fundamental)

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
 - Brain – Vascular set
 - CSF: 20'
 - Epinephrine (left plate) – Brain (right plate)
 - Acetylcholine (left plate) – Brain (right plate)
 - Dopamine (left plate) – Brain (right plate)

(Bowel cleanse, kidney cleanse, liver cleanses, dental revision)

- ◆ Diet:
(Avoid caffeic acid and menadione, zappicate food)

MIGRAINES

**A large quantity of these bacteria
in the brain**



Produce

- ◆ Estafilococcus aureus
- ◆ Estreptococcus (different types)
- ◆ Clostridium (different types)
- ◆ Salmonella (different types)
- ◆ Shigella (different types)
- ◆ E. Coli, Bacillus Cereus.

Spasms in brain blood vessels, that provoke vasoconstriction followed by vasodilatation, causing pain (migraines)

MIGRAINES

¿Where do these bacteria present in the brain come from?

1. From inside the parasites which went to the brain: ascaris, strongyloides, fasciolopsis buski,...

IT IS FUNDAMENTAL to make a Clark bowel cleanse protocol which includes antiparasite herbs and ascaris deparasitation.

MIGRAINES

2. Colon dirt:

IT IS FUNDAMENTAL to make a Clark protocol bowel cleanse

3. Liver dirt:

Stones and dirty bile ducts contain parasites and bacteria. They also impede the adequate detoxification of vanadium which proceeds from the ambient air and contributes to migraines.

IT IS FUNDAMENTAL to make liver cleanses of the Clark protocol.

MIGRAINES

4. Genitourinary infections:

Apart from being immunosuppressive, excessive kidney dirt is a source of bacteria which are usually found both in the brain and in the respiratory tract.

IT IS FUNDAMENTAL to make a Clark kidney cleanse (at least during 3 weeks).

MIGRAINES

KIDNEY CLEANSE

- ◆ Eliminates various immunological blockages from kidneys
 - Heavy metals
 - Azo dyes
 - Methylmalonate
 - Asbestos
 - Benzene
 - Radioactivity
 - Other (BWGR...)

MIGRAINES

5. Dental infections, root canal treatments or bacterial focal points existing under fillings

It is essential to clean up the mouth and replace fillings with non radioactive materials

CONSULT A HOLISTIC DENTIST

MIGRAINES

DIET:

- ◆ For nutritionists:

- The usual recommendation is to avoid food containing tyramine

Tyramine is a phenolic allergen which provokes spasms in the brain blood vessels causing pain

In fact, what provokes spasms is d-tyramine, not l-tyramine.

But as most foods we consume are not very fresh (they contain d-tyramine), the best way to avoid d-tyramine forms and convert them into l-tyramine is to zappricate them.

Avoid food containing caffeic acid and menadione.

MIGRAINES

DIET AND HEADACHE:

- ◆ Although we consume foods containing tyramine, when they are zapped (l-tyramine form) they should not provoke headache anymore.
- ◆ But if the brain is colonized by specific bacteria such as *Bacillus Cereus*, these automatically convert l-tyramine into d-tyramine.

Consequently:

It is essential to kill pathogens in brain with a Zapper (always after eliminating the infection focal points in intestine, kidneys,...)

¿Where is *Bacillus Cereus* found?

- ◆ In the internal black line of bananas and in dairy products due to the large parasitization of cattle (this also explains why bananas have d-tyramine, and should be avoided)
- ◆ And, of course, inside the parasites (F. Buski...)

MIGRAINES

ZAPPER

This device created by Dr Clark emits a frequency sweep and has 3 fundamental functions in the body:

1. ***It eliminates parasites, bacteria, viruses and fungi***, all of them being the cause of the disease development.
2. ***It provides north polarity*** to the body, the polarity of good health. When an organ falls ill, its polarity turns south.
3. ***It stimulates the immune system*** by « energizing » our WBC even though they are intoxicated with heavy metals, PCBs, benzene, asbestos and azo dyes, as it is the case in a cancer patient. This is why Dr Clark recommends zapping up to 8 hours a day for a degenerative disease patient to recover health.

MIGRAINES

Clark Protocol for headaches

1. Kidney cleanse (3 weeks), and then, once it is done:
2. Bowel cleanse (25 days)

Include as well:

- ◆ Anti parasite and anti bacterial supplements
- ◆ Daily Zapping during 60 minutes minimum (You may zap as long as you want)

MIGRAINES

3. Ascaris deparasitation

And also:

- ◆ Zappicate food (just before eating)
- ◆ Eliminate dairy products, as they are a source of salmonellas and shygellas in 90% of the cases, of Bacillus Cereus and other bacteria too.
- ◆ Avoid sources of caffeic acid and menadione.
- ◆ Dental revision: root canal treatments, cavities,...
- ◆ Make a few liver cleanses (at least 4 or 5). By cleaning up the bile ducts we can eliminate focal centers of pathogens and increase the body's detoxifying capacity. Take with the 3 main meals:
- ◆ HCL: 10 drops in empty capsule
- ◆ Betaine: 1 capsule at every meal

MIGRAINES

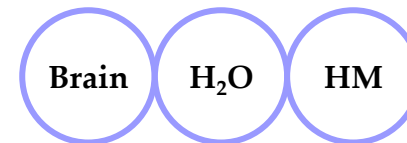
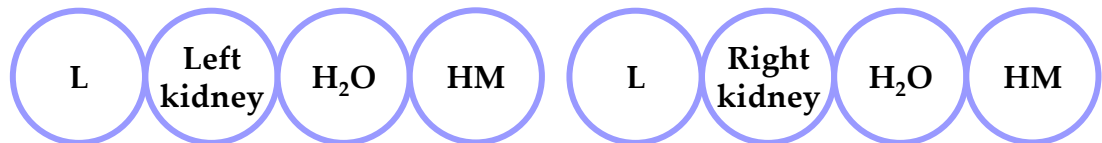
HOMEOPATHIES (Optional):

- ◆ Kidney +
- ◆ Take out:
 - HM from kidney

 - HM from 'L' kidney

- ◆ Brain +
- ◆ Take out
 - HM from Brain

- ◆ Adrenals



MIGRAINES

ZAPPER (Important):

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
 - Brain
 - Liver
 - Adrenals

DEPRESSION AND CHRONIC FATIGUE

Ascaris, ancylostoma, strongyloides and trichinellas are usually involved, as well as the bacteria shigellas and clostridium, both in intestines and brain

SUPPLEMENTS:

- 1° Bowel cleanse program
- 2° Ascaris deparasitation: 3-4 weeks
- 3° Kidney cleanse + Weekly booster:
 - ◆ Black Walnut hull Tinture (Clark): 3 spoonfuls
 - ◆ Lugol Iodine (Clark): 6 drops 4 times a day
 - ◆ Oregano oil: 5 drops in empty capsules
- 4° Kidney cleanse: make 4-5 liver cleanses + Weekly booster

DEPRESSION AND CHRONIC FATIGUE

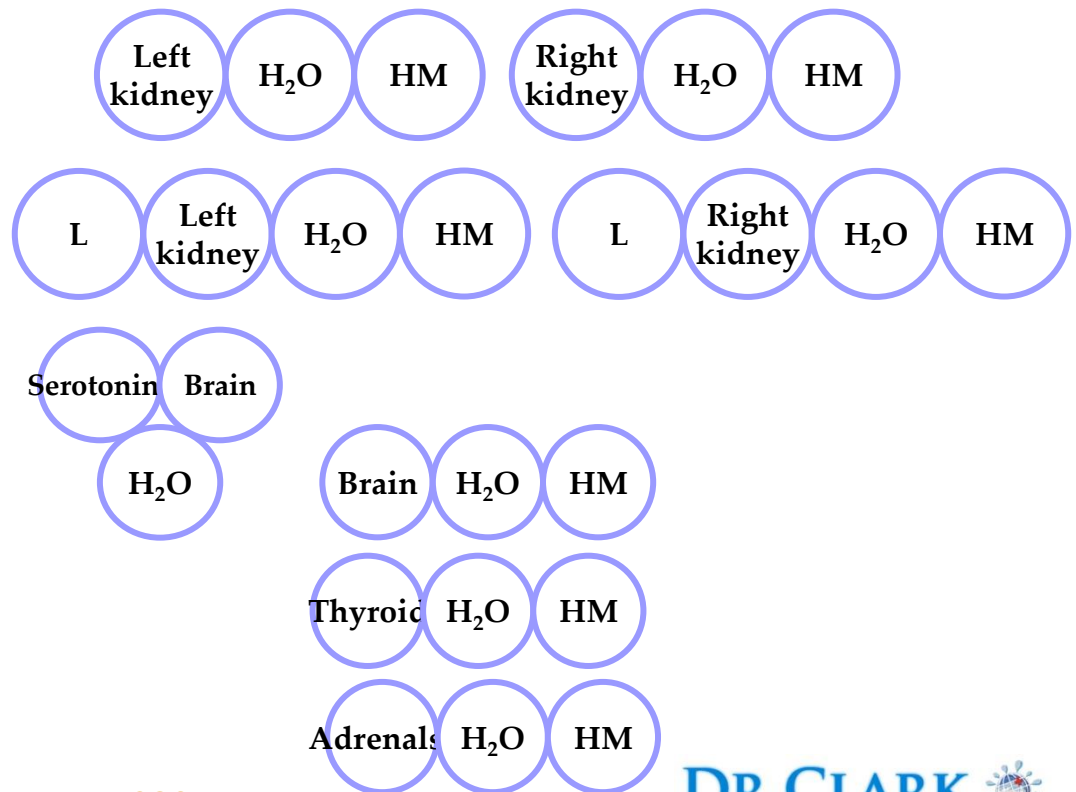
Also take:

- ◆ MSM (Clark): 2 capsules 15 minutes before 2 meals
- ◆ Glutathione (Clark): 1 capsule 15 minutes before 1 meal
- ◆ Inositol (Clark): 1 at breakfast and 1 at lunch
- ◆ Thiocctic acid (Clark): 1 capsule at dinner
- ◆ Vitamin B2 (Clark): 1 at breakfast
- ◆ B Complex(Clark): 1 at lunch
- ◆ Vitamin B3 (Clark): 1 at breakfast and 1 at dinner
- ◆ Vitamin B6 (Clark): 1 at breakfast
- ◆ Vitamin C (Clark): 1 gr. at breakfast, 1 gr. at lunch, 1 gr. at dinner
- ◆ Chromium Picolinate (Clark): 200 mcg. In the middle of the morning
- ◆ IP6 (Clark): 20 drops with water (between meals), once or twice a day
- ◆ Vitamin B5 (Clark): 1 at breakfast

DEPRESSION AND CHRONIC FATIGUE (Continued)

HOMEOGRAPHIES (Important):

- ◆ Kidney +
- ◆ Take out:
 - HM-Kidney
 - HM-'L' kidney
- ◆ Brain +
- ◆ Serotonin / Brain
- ◆ Take out:
 - HM - Brain
- ◆ Thyroid
- ◆ Take out HM - Thyroid
- ◆ Adrenals
- ◆ Take out HM - Adrenals



DEPRESSION AND CHRONIC FATIGUE (Continued)

ZAPPER (important)

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates
 - Brain: it is convenient to make a Brain-Vascular set at least 2-3 times a week
 - Pancreas
 - Liver
 - Adrenals
 - Thyroid
 - Serotonin (left plate) and brain (right plate)

REMARKS:

- ◆ Remove metals from mouth
- ◆ Drink distilled water coming from distiller
- ◆ It is important to zappicate food before eating

EPILEPSY

(Do not use Wormwood in this case)

SUPPLEMENTS:

- 1° Bowel cleanse program (with 6 capsules of curcuma and fennel with every meal) + 5 drops of Oregano oil (Clark) in an empty gelatin capsule at 2 meals + ginkgo biloba: 1 with a meal (it reduces the epileptogenic threshold)
- 2° Ascaris deparasitation (during 3-4 weeks) at first full moon, and repeat every 2-3 months
- 3° Kidney cleanse + Weekly booster:
 - ◆ Black Walnut hull Tinture(Clark): 3 spoonfuls
 - ◆ Lugol Iodine (Clark): 6 drops 4 times a day
 - ◆ Oregano oil (Clark): 5 drops in empty gelatin capsule with 2 meals

Continued...

EPILEPSY

4° Liver cleanse: after kidney cleanse is done, continue with 4-5 liver cleanses

Add:

Heavy metals detoxification program + Q10 (400mg.) at breakfast and cysteine: 3 before breakfast and 3 before lunch.

- ◆ Vit. B2: 1 at breakfast
- ◆ Folic acid: 1 at breakfast
- ◆ Birch tree infusion
- ◆ Reishi : 1 at breakfast, 1 at lunch, 1 at dinner
- ◆ Pepsin: 2 at breakfast, 2 at lunch , 2 at dinner

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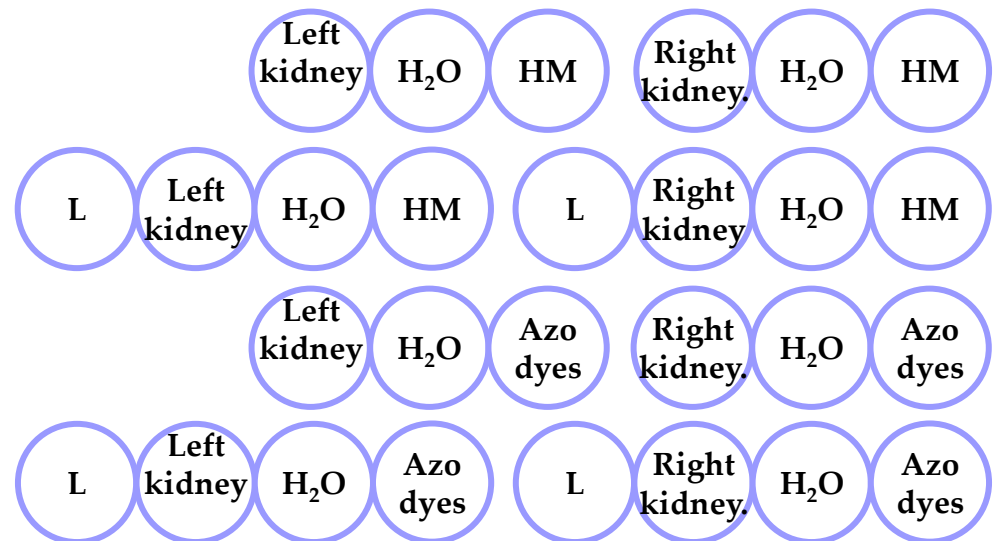
EPILEPSY (Continued)

HOMEODIAGNOSTICS (Optional): The following are important: GABA, BQ / Brain, G / Brain, RZ / Brain, GABA / Brain, Glyoxylic acid / Brain

◆ Kidney +

◆ Take out:

- HM from kidney
- HM from 'L' kidney
- Azo dyes from kidney
- Azo dyes from 'L' kidney



Continued...

EPILEPSY (Continued)

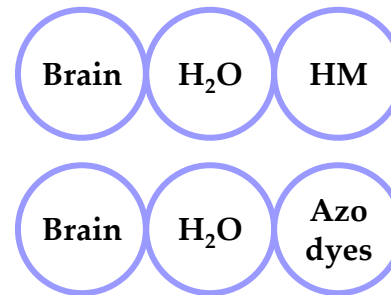
◆ Brain +

◆ Take out:

➤ HM from Brain

➤ Azo dyes from Brain

◆ GABA

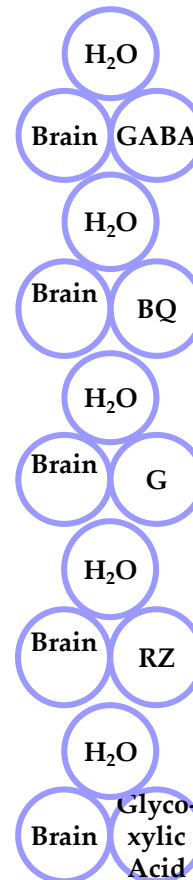


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EPILEPSY (Continued)

IMPORTANT HOMEOGRAPHIES:

- GABA
- GABA / BRAIN
- BQ / BRAIN
- G / BRAIN
- RZ / BRAIN
- GLYCOXYLIC ACID / BRAIN

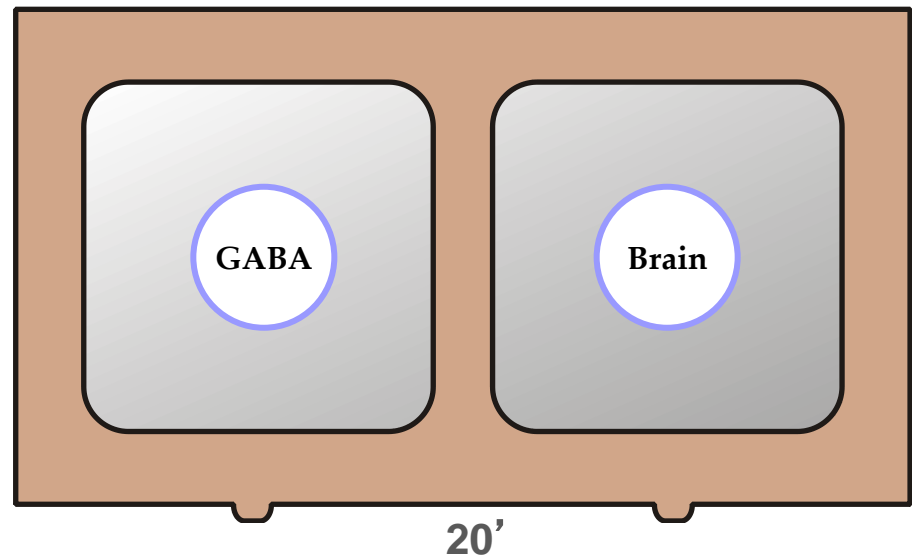


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EPILEPSY (Continued)

ZAPPER (Important):

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
 - Brain: 20'
 - GABA-Brain: 20'



EPILEPSY (Continued)

REMARKS:

- ◆ Remove metals from mouth
- ◆ Eliminate sources of monosodium glutamate (Chinese food,...)
- ◆ Eliminate sources of malvin (dye):
 - Red raisins
 - Chewing gum
 - Mangoes
 - Strawberries
 - Tomatoes
 - Yoghurts
- ◆ Avoid supplements containing Vitamin B12, because although it is a good detoxifier, it strengthens ascaris and accelerates the break of eggs.
- ◆ It is convenient to test the presence of prions in brain
- ◆ Avoid sources of heavy metals
- ◆ Try to consume distilled water
- ◆ Put the plastic pieces in nearly-boiling water , in order to close porosities (preventing azo dyes from leaving)

ADDITIONAL INFORMATION

BOOK OF INTEREST

For any questions about
Clark Therapy, contact
us in:

info@clarktherapyon-line.com

