

HYPOTHYROIDISM AND THYROIDITIS AUTOINMUNE

1° Intestinal cleaning program.

2° Deworming of ascaris.

3° Daily, for at least 3 months.

- ◆ Complex B: 1 capsule (530 mg.) At breakfast.
- ◆ Vitamin B2: 1 capsule (300 mg.) In food.
- ◆ Vitamin B3: 1 capsule (25 mg.) In food Magnesium.
- ◆ Oxide: 1 capsule (540 mg.) At dinner.
- ◆ Vitamin C: 2 grams for breakfast, lunch and dinner.
- ◆ Selenium: 1 capsule (200 mcg.) In breakfast.
- ◆ MSM: 1 capsule (650 mg.) In breakfast.
- ◆ Thiotic acid: 1 capsule (350 mg.) In breakfast.
- ◆ Salt of the Himalayas: from 2 to 6 grams distributed in meals.
- ◆ Lugol: 6 months: 6 drops in water 2 times / day between meals. After only 1 time a day.

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3 - 4 liver cleanings

Zapper (optional):

- ◆ Regular Zapper 60 'daily
- ◆ Zapping Plates: Thyroid: 20 ' daily

Obervation: Drink water from a distiller.