

PATHOLOGIES OF THE CARDIOVASCULAR SYSTEM

HIGH BLOOD PRESSURE

FUNDAMENTAL SUPPLEMENTS:

- 1° Kidney cleanse (during 6 weeks)
- 2° Bowel cleanse program and Oregano oil (with Weekly booster)
- 3° Ascaris deparasitation
- 4° HM detoxification + potassium glutamate 1/3 at breakfast, lunch and dinner (with special care in patients suffering from kidney insufficiency)

Make 4-5 liver cleanses, because alterations in angiotensin production often come from the dirt accumulated in the liver.

Continued...

HIGH BLOOD PRESSURE (Continued)

To be added:

- ◆ MSM (Clark): 1 capsule 15 minutes before two meals (for at least 6 weeks)
- ◆ Thiocctic acid (Clark): 1 at breakfast
- ◆ Vitamin C (Clark): 1 gr. at breakfast, 1 gr. at lunch y 1 gr. at dinner
- ◆ Co-enzyme Q10 (30mg. Clark): 1 at lunch, 1 at lunch y 1 at dinner
- ◆ Selenium (Clark): 1 capsule at breakfast
- ◆ Vitamin D (Clark): 1 capsule at breakfast

Can also be added:

- ◆ Calcium (Clark): 2 at breakfast
- ◆ Magnesium (Clark): 1 at breakfast and 1 at dinner

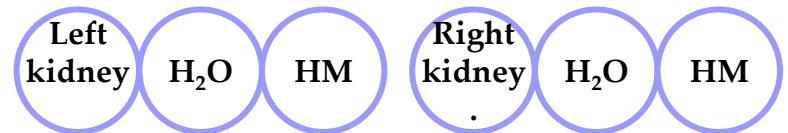
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HIGH BLOOD PRESSURE (Continued)

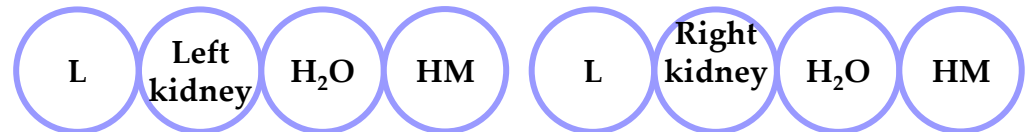
HOMEODIAGNOSTICS (Optional):

- ◆ Kidneys
- ◆ Adrenals
- ◆ Liver

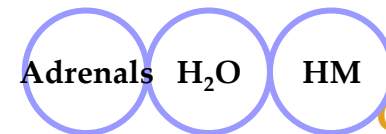
➤ Take out heavy metals- kidneys



➤ Take out HM-'L'- kidneys



➤ Take out heavy metals - adrenals



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HIGH BLOOD PRESSURE (Continued)

ZAPPER (important):

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
 - Vascular set (2-3 times a week)
 - Adrenals: 20'
 - Kidneys: 20'

REMARKS:

Eliminate sources of sodium, saturated fats, coffee, tea, and carbonated drinks.

Important: drink heavy metals free water (distilled, coming from distiller).

ARRHYTHMIA

(There usually are pathogens and toxins at cardiac level)

SUPPLEMENTS:

- 1° Bowel cleanse program and Oregano oil (5 drops in empty capsules with two meals) + Magnesium: 1 at dinner
- 2° Ascaris deparasitation + magnesium: 1 at dinner
- 3° Kidney cleanse + - Weekly booster:
 - Black Walnut hull Tincture 3 spoonfuls
 - Oregano oil
 - Lugol Iodine 6 drops 4 times a day
 - After the kidney cleanse, make 4-5 liver cleanses and start taking:
- 4°
 - ◆ MSM (Clark): 1 capsule 15 minutes before two meals
 - ◆ Magnesium (Clark): 1 capsule at dinner (there can be a deficit of magnesium)
 - ◆ Thiocctic acid (Clark) : 1 capsule at dinner
 - ◆ B Complex (Clark): 1 at breakfast
 - ◆ Co-enzyme Q10 (30 mg. Clark): 1 at breakfast, 1 at lunch and 1 at dinner
 - ◆ Vitamin C (Clark): 1 at breakfast, 1 at lunch, 1 at dinner

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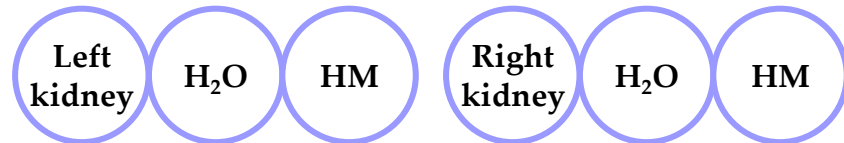
ARRHYTHMIA (Continued)

HOMEOPATHIES (Optional):

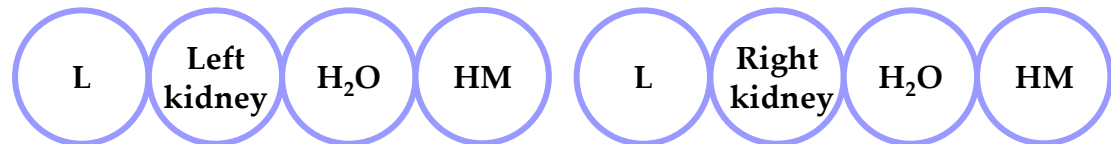
◆ Heart

◆ Take out drops:

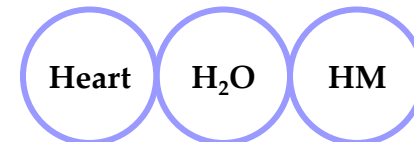
➤ Heavy metals-kidney



➤ HM-'L'- kidney



◆ Take out drops heavy metals - heart



Continued...

ARRHYTHMIA (Continued)

ZAPPER (important):

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
- ◆ "A" Group: 20 minutes a day
- ◆ Heart: 20 minutes a day

REMARKS:

Avoid water containing heavy metals (drink distilled water)

From the beginning eliminate foods that can cause intolerance:

- | | | |
|------------------------|------------|-----------|
| ◆ Dairy products | ◆ Apples | ◆ Coffee |
| ◆ Cereals with gluten | ◆ Cinammon | ◆ Alcohol |
| ◆ Corn | ◆ Sugar | |
| ◆ Soy and soy products | ◆ Tea | |

IMPORTANT

- ◆ Zappicate food

VARICOSE VEINS

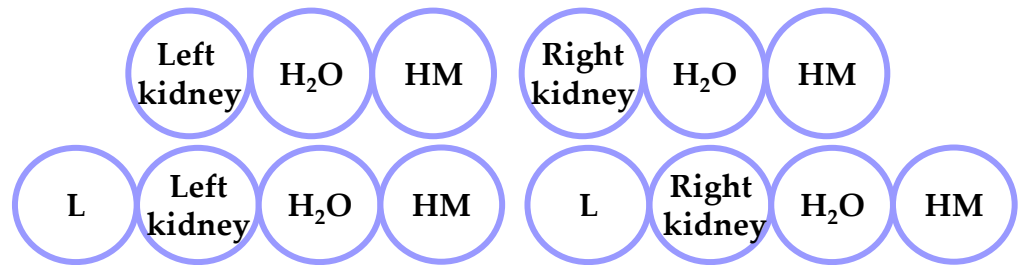
FUNDAMENTAL SUPPLEMENTS:

- 1° Bowel cleanse program and Oregano oil (5 drops in empty capsules with two meals)
- 2° Ascaris deparasitation
- 3° Kidney cleanse + - Weekly booster:
 - Black walnut hull Tincture (Clark) 3 spoonfuls
 - Oregano oil
 - Lugol Iodine (Clark) 6 dops 4 times a day
- 4°
 - ◆ Liver cleanse (once the kidney cleanse is done, continue with 4-5 liver cleanses)
 - ◆ B Complex (Clark): 1 at breakfast
 - ◆ Vitamin E (Clark): 1 at breakfast
 - ◆ Vitamin C (Clark): 1 gr. at breakfast, 1 gr. at lunch y 1 gr. at dinner
 - ◆ Selenium (Clark): 1 at breakfast
 - ◆ Bromelain (Clark): 1 at breakfast, 1 at lunch and 1 at dinner

VARISCOSE VEINS

HOMEOPATHIES (Optional):

- ◆ Arterial Group
- ◆ Take out drops:
 - Heavy metals-kidneys
 - HM-'L'-kidneys



ZAPPER (important):

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
- ◆ Arterial Group (arteries, veins and capillaries): 20'

REMARKS:

Important: Avoid constipation

Do not consume food containing Menadione (as it is an allergen for veins), present in cereals with gluten and raw vegetables

ARTERIOSCLEROSIS

SUPPLEMENTS:

1° DURING 1 MONTH

- ◆ Vitamin C (Clark): 1 gr. at breakfast, 1 gr. at lunch and 1 gr. at dinner
- ◆ B Complex (Clark): 1 at lunch
- ◆ Vitamin B3 (Clark): 1 at breakfast and 1 at dinner
- ◆ Lysine (Clark): 1 capsule 20 minutes before breakfast and lunch
- ◆ Vitamin E (Clark): 1 capsule at breakfast (only if blood pressure is not high)
- ◆ Selenium (Clark). 1 at breakfast
- ◆ Beta carotene (Clark) 1 at breakfast
- ◆ IP 6 (Clark) 10 drops before a meal + Papain 6 capsules 1 hour before meals

2° Kidney cleanse (minimum 3 weeks), then continuing with the rest of the supplements

3° Bowel cleanse and Oregano oil (with Weekly booster) + Papain 6 capsules 1 hour before meals Liver cleanse (once the kidney cleanse is done, continue with 4-5 liver cleanses)

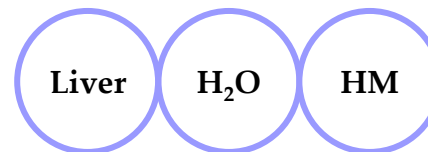
You can also add:

- ◆ Bromelain (Clark): 4 or 5 capsules 1 hour before breakfast, lunch and dinner
- ◆ Papain (Clark): 4 or 5 capsules 1 hour before breakfast, lunch and dinner

ARTERIOSCLEROSIS (Continued)

HOMEOGRAPHIES (Optional):

- ◆ Blood
- ◆ Arterial Group
- ◆ Liver
- ◆ Take out HM from liver **ZAPPER (Important in phase 3):**
- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
 - Blood: 20'
 - Arterial Group: 20'
 - Liver: 20'



REMARKS: It is essential to drink distilled water
Avoid cereals with gluten and raw foods

ADDITIONAL INFORMATION

BOOK OF INTEREST

For any questions about
Clark Therapy, contact
us in:

info@clarktherapyon-line.com

