

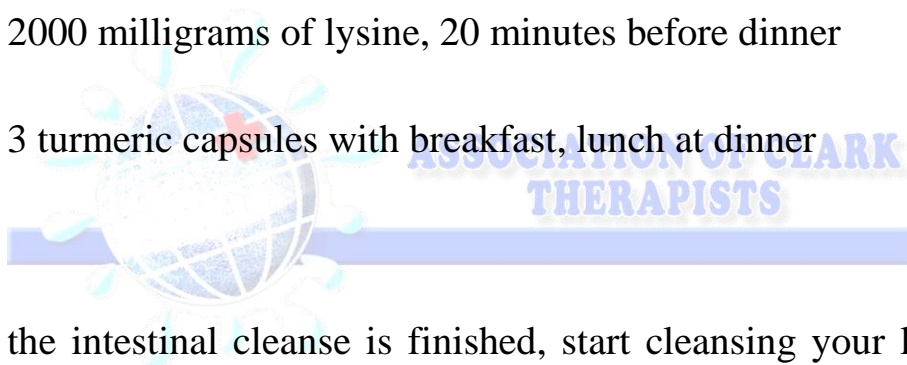
VARICOSE VEINS PROGRAM

Step 1.

Intestinal Cleansing Protocol

Step 2.

- ▶ 1000 or 2000 milligrams of vitamin C with each meal
- ▶ 9 to 15 omega 3 daily pearls, with breakfast or lunch
- ▶ 2000 milligrams of lysine, 20 minutes before dinner
- ▶ 3 turmeric capsules with breakfast, lunch at dinner



* Once the intestinal cleanse is finished, start cleansing your liver and continue taking the supplements (vitamin C, omega 3, lysine and turmeric) for several months, except on the days that a liver cleanse is done.

* In step 2, it is advisable and very beneficial to use Dr. Clark's variZapper, at least 60 minutes a day.