

# **ARTERIOSCLEROSIS PROGRAM**

	<b>PRODUCT</b>	<b>DAILY DOSAGE: BREAKFAST/LUNCH/DINNER</b>
1	VITAMIN B COMPLEX	1-0-0
2	VITAMIN E	1-0-0
3	GARLIC EXTRACT	0-1-0
4	GINKGO EXTRACT	0-1-0
5	COENZYME Q10 (30mg.)	0-0-1
6	MAGNESIUM	1-1-1
7	VITAMIN C	1-1-1
8	SELENIUM	1-0-0
9	OMEGA 3	3-3-3
10	VITAMIN A	1-0-0
11	LYSINE	2-2-2*

\*20 minutes before