

PATHOLOGIES OF THE LOCOMOTOR APPARATUS

ARTHRITIS AND RHEUMATIC DISORDER

SUPPLEMENTS:

- 1° Bowel cleanse program (with 6 capsules of curcuma and fennel at each meal) and 5 drops of Oregano oil with 2 meals
- 2° Ascaris deparasitation program
- 3° Kidney cleanse + Weekly booster:
 - ◆ Black Walnut hull Tincture (Clark) 3 spoonfuls
 - ◆ Oregano oil (Clark) 5 drops in empty gelatine capsules with 2 meals
 - ◆ Lugol Iodine (Clark) 6 drops 4 times a day
- 4° Liver cleanse: once the kidney cleanse is done, continue with 4-5 liver cleanses.

Continued...

ARTHRITIS AND RHEUMATIC DISORDER (Continued)

Also take:

- ◆ Curcuma (Clark): 3 capsules with each meal
- ◆ Fennel (Clark): 3 capsules with each meal
- ◆ MSM (Clark): 1 capsule 15 minutes before 2 meals
- ◆ Hydrangea (Clark): 1 at breakfast, 1 at lunch and 1 at dinner
- ◆ Selenium (Clark): 1 at breakfast, 1 at lunch and 1 at dinner
- ◆ Rose Hips (Clark): 1 at breakfast, 1 at lunch and 1 at dinner
- ◆ B Complex (Clark): 1 at breakfast
- ◆ Thiocctic acid (Clark) : 1 at dinner
- ◆ Omega 3-6-9 (Clark) : 1 capsule with each meal

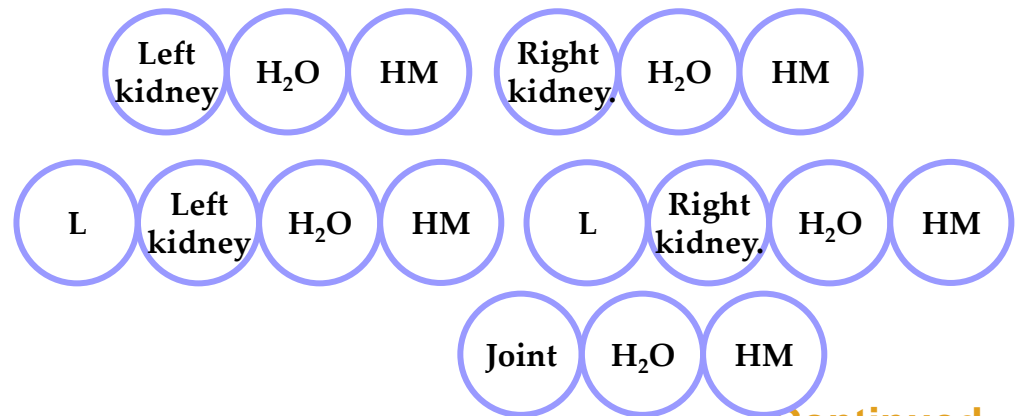
- ◆ Recommended:
 - Bromelain (Clark): 5 capsules 1 hour before every meal
 - Papain (Clark): 5 capsules 1 hour before every meal

Continued...

ARTHRITIS AND RHEUMATIC DISORDER (Continued)

HOMEOGRAPHIES (IMPORTANT)

- ◆ Kidney
- ◆ Connective tissue
- ◆ Homeography of joints and affected joints
- ◆ Take out:
 - HM from kidneys
- ◆ Take out HM from 'L'- kidneys
- ◆ Take out HM from affected joint(s)



Continued...

ARTHRITIS AND RHEUMATIC DISORDER (Continued)

ZAPPER (IMPORTANT)

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
 - Connective tissue: 20'
 - Affected joint(s): 20'
 - Involved bacterium/bacteria: 20' (when identified)

REMARKS:

- ◆ Important: take out metals from the mouth
- ◆ Daily rinse (5-10') with sesame or sunflower oil
- ◆ Avoid drinking water containing heavy metals

Avoid as well:

- ◆ Cereals with gluten
- ◆ Dairy products
- ◆ Sugar and products containing sugar
- ◆ Be cautious with possible allergic reactions to corn or soy
- ◆ It is important to zap food before eating

ERYTHEMATOSUS LUPUS

SUPPLEMENTS:

1° Bowel cleanse program plus 5 drops of Oregano oil (Clark) in empty capsules with 2 meals + Wormwood

Weekly booster:

- ◆ Black Walnut hull Tincture (Clark): 3 spoonfuls
- ◆ Lugol Iodine (Clark): 6 drops 4 times a day
- ◆ Oregano oil (Clark): 5 drops in empty gelatin capsule with 2 meals

2° Ascaris deparasitation program

3° Kidney cleanse

4° Liver cleanse: once the kidney cleanse is done, continue with 4-5 liver cleanses.

Continued...

ERYTHEMATOSUS LUPUS (Continued)

Also take:

- ◆ Curcuma (Clark): 3 capsules with each meal
- ◆ Fennel (Clark): 3 capsules with each meal
- ◆ MSM (Clark): 1 capsule 15 minutes before 2 meals
- ◆ Hydrangea (Clark): 1 at breakfast, 1 at lunch, 1 at dinner
- ◆ Selenium (Clark): 1 at breakfast, 1 at lunch, 1 at dinner
- ◆ Rose Hips (Clark): 2 at breakfast, 2 at lunch, 2 at dinner
- ◆ B Complex (Clark): 1 at breakfast

Continued...

ERYTHEMATOSUS LUPUS (Continued)

HOMEOGRAPHIES (IMPORTANT)

- ◆ Kidney
- ◆ Pigmented skin
- ◆ Non pigmented skin
- ◆ "A" Group
- ◆ Lungs

ZAPPER (important)

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
 - Pigmented skin: 20'
 - Non pigmented skin: 20'
 - "A" Group: 20 minutes
 - Lungs: 20'

Continued...

ERYTHEMATOSUS LUPUS (Continued)

REMARKS:

- ◆ Important: remove metals from the mouth
- ◆ Tooth zappicator on every dental piece (gums)
- ◆ Daily rinse (5-10') with sesame or sunflower oil
- ◆ Avoid drinking water containing heavy metals

Avoid also:

- ◆ Cereals with gluten
- ◆ Dairy products
- ◆ Sugar and products containing sugar
- ◆ Be cautious with possible allergic reactions to corn or soy

- ◆ Zappicate food

GOUT

SUPPLEMENTS:

- ◆ Folic acid: 1,1,1
- ◆ Vitamin C: 1,1,1
- ◆ Q10 30mg: 1,1,1
- ◆ Gingko: 0,1,1
- ◆ Herbal tea for the liver: 2 cups a day + nutritional change (Eliminate fruit!!, alcohol, red meat, seafood, yeast, caviar, anchovies, herring, sardines, mackerel)

+

- 1° Kidney cleanse
- 2° Bowel cleanse
- 3° Ascaris deparasitation

Continued...

GOUT (Continued)

HOMEOPATHY:

- ◆ Kidneys

ZAPPER:

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
 - Kidneys: 20'
 - Folic acid: 1,1,1
 - Vitamin C: 1,1,1
 - Q10 30mg: 1,1,1
 - Ginkgo: 0,1,1
 - Herbal tea for the liver: 2 cups a day + nutritional change (Eliminate fruit!!, alcohol, red meat, seafood, yeast, caviar, anchovies, herring, sardines, mackerel)

Continued...

GOUT (Continued)

REMARKS:

Avoid:

- ◆ Alcohol
- ◆ Sugar and products containing sugar
- ◆ Foods rich in purines
- ◆ Mammalian meats
- ◆ Game food
- ◆ Seafood
- ◆ Herring
- ◆ Sardines
- ◆ Mackerel
- ◆ Anchovies
- ◆ Caviar
- ◆ Eliminate any mouth infection and avoid root canal treatments
- ◆ Fruit

OSTEOPOROSIS

1° Bowel cleanse program 5 drops of Oregano oil (Clark) in empty capsules with 2 meals

2° Ascaris deparasitation

3° SUPPLEMENTS +

Weekly booster:

- Black Walnut hull Tincture (Clark) 3 spoonfuls
- Lugol Iodine (Clark) 6 drops 4 times a day
- Oregano oil (Clark) 5 drops in an empty gelatin capsule with 2 meals

- ◆ Manganese: 1 at lunch
- ◆ Calcium (Clark): 2 at breakfast and 2 at dinner
- ◆ Magnesium (Clark): 2 at dinner
- ◆ Vitamin D (Clark): 1 capsule at breakfast
- ◆ Vitamin C (Clark): 1 gr. at breakfast, 1 gr. at lunch and 1 gr. at dinner
- ◆ HCL (Clark): 10 drops at every meal (in empty capsule)
- ◆ Betaine (Clark): 1 capsule at every meal

OSTEOPOROSIS (Continued)

HOMEOPATHIES (Optional):

- ◆ Kidneys
- ◆ Adrenals
- ◆ Parathyroid gland
- ◆ Collagen
- ◆ Bone compact

ZAPPER (Optional):

- ◆ Regular Zapper during 60 minutes
- ◆ Zapping plates:
 - Kidneys: 20'
 - Adrenals: 20'
 - Parathyroid gland: 20'
 - Bone (compact): 20'

REMARKS: It is **fundamental** to provide protein support at breakfast, lunch and dinner.

IMPORTANT: Zappicate all foods, to make them fresher and to avoid PGE2 production (and therefore the release of collagenase, which damages collagen)

ADDITIONAL INFORMATION

BOOK OF INTEREST

For any questions about
Clark Therapy, contact
us in:

info@clarktherapyon-line.com

