

CLASSIC DESPARASITANTE PROGRAM

Duration: minimum 1 month. After the cleanse, a weekly maintenance should be performed in order to avoid reinfection or development of new parasitic infections.

Supplements used:

- ◆ Black walnut hull tincture.
- ◆ Wormwood
- ◆ Cloves
- ◆ Ornithine (optional)
- ◆ Arginine (optional)

How to proceed:

Day	BLACK WALNUT HULL TINCTURE 20 min, before a meal in half a glass of cold water Drink slowly (in under 10 min.)	WORMWOOD (365 mg) Take once a day	CLOVES (500 mg) 3 minutes after taking wormwood	ORNITHINE (500 mg) Before bedtime (preferably on an empty stomach)
1	2 teaspoons	3 capsules once a day	3 capsules 3 times daily	2 capsules once a day
2	2 teaspoons	4 capsules once a day	3 capsules 3 times daily	2 capsules once a day
3	2 teaspoons	4 capsules once a day	3 capsules 3 times daily	2 capsules once a day
4	2 tablespoons	5 capsules once a day	3 capsules 3 times daily	2 capsules once a day
5	Nothing	5 capsules once a day	3 capsules 3 times daily	2 capsules once a day
6	Nothing	6 capsules once a day	3 capsules 3 times daily	2 capsules once a day
7	Nothing	6 capsules once a day	3 capsules 3 times daily	2 capsules once a day
8	Nothing	7 capsules once a day	3 capsules 3 times daily	2 capsules once a day
9	2 tablespoons	7 capsules once a day	3 capsules 3 times daily	2 capsules once a day
10	Nothing	5 capsules once a day	3 capsules 3 times daily	2 capsules once a day
11	Nothing	6 capsules once a day	3 capsules 3 times daily	2 capsules once a day
12	Nothing	6 capsules once a day	3 capsules 3 times daily	2 capsules once a day
13	Nothing	7 capsules once a day	3 capsules 3 times daily	2 capsules once a day
14	3 tablespoons	7 capsules once a day	3 capsules 3 times daily	2 capsules once a day
After	3 tablespoons (Once a week within 10 min)	Take only walnut tincture from here on	Take only walnut tincture from here on	Take as needed – it is not habit forming

- ◆ Take the black walnut hull tincture, wormwood, and cloves within 10 minutes for best effectiveness.
- ◆ Once open, keep the black walnut hull tincture refrigerated (IMPORTANT) – if you do not, it will lose its potency too quickly. In fact, black walnut hull tincture begins to lose effectiveness a few weeks after the container has been opened, even if refrigerated.

Beginning on day 14, take the following once a week for maintenance:

- ◆ Black walnut hull tincture: 3 tablespoons in a glass of cold water.
- ◆ Wormwood (365 mg): 7 capsules once a day.
- ◆ Cloves (500 mg): 3 capsules 3 times daily with a meal.
- ◆ Ornithine (500 mg) (optional): before bedtime, preferably on an empty stomach: 2 capsules before bedtime. If you feel it helps you sleep, you can take up to 6 capsules.
- ◆ Arginine (500 mg): Dr. Clark recommends this product if you are low in energy and drag yourself through the day. Take 2 capsules with breakfast and if needed two capsules with lunch. Do not take arginine if you are suffering from herpes outbreaks. Arginine is an antagonist of lysine, which can prevent Herpes outbreaks.
- ◆ Black walnut tincture
- ◆ Wormwood
- ◆ Clove
- ◆ Ornithine

Day	A) Blak walnut hull tincture (20 mins before a meal with half a glass of cold water) <i>* <u>Drink slowly (Within a period of 10 mins)</u></i>	B) Wormwood (20 min before a meal, 3 mins later, take the clove)	C) Clave (20 mins before the same meal)
1	2 teaspoons	3 Capsules at once	9 Capsules at once
2	2 teaspoons	4 Capsules at once	9 Capsules at once
3	2 teaspoons	4 Capsules at once	9 Capsules at once
4	2 teaspoons	5 Capsules at once	9 Capsules at once
5	Nothing	5 Capsules at once	9 Capsules at once
6	Nothing	6 Capsules at once	9 Capsules at once
7	Nothing	6 Capsules at once	9 Capsules at once
8	Nothing	7 Capsules at once	9 Capsules at once
9	2 teaspoons	7 Capsules at once	9 Capsules at once
10	Nothing	5 Capsules at once	9 Capsules at once
11	Nothing	6 Capsules at once	9 Capsules at once
12	Nothing	6 Capsules at once	9 Capsules at once
13	Nothing	7 Capsules at once	9 Capsules at once
14	3 teaspoons	7 Capsules at once	9 Capsules at once

A) From Day14:

ONCE A WEEK (take all at the time, in not more than 10 mins).

A) Black walnut: 3 tablespoons in a glass of cold water

B) Wormwood: 7 capsules at once. 3 mins later take:

C) Clove: 9 capsules

D) Ornithine (optional): ½ hour before going to bed (preferably on an empty stomach): 2 capsules a day during the first 14 days and, after that, once a week as a reminder

